



Gathering  
Saturday night  
at 6:45pm

## LIVING IS A GRIM AND SERIOUS BUSINESS

'Living is a grim and serious business', I was told recently. 'Life is nothing but toil and trouble.' I politely disagreed. Self pity, poor image and the blame game is never a happy lifestyle! A child reared in that atmosphere, or with parents who repeatedly break their promises will in their adult years reflect insecurities, unhappiness and will feel threatened by the future. They are robbed of their joy, and a life of trust, faith, hope and love. They lose their expression of daily delight. Our life experience will be coloured by joy and laughter, or regrets and disappointments - the choice is ours! Proverbs say a merry heart does good like a medicine. Laughter is joy flowing, and happiness showing - see the funny side of life again, no matter how tough the times! Jesus said I have spoken to you so that my joy might remain in you and that your joy might be full. The joy of Jesus is my strength. Believe it and laugh again! Until next week that's new beginnings! *David Rodway*



For your  
feedback  
please call  
or email us

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