Gathering Saturday night at 6:45pm in confidence is your strength; being confident of this very thing that Jesus who has begun a good work in you will complete it! He said be anxious for nothing. Choose to

LION CHASE AND FIGHT

That's their life! This fight and flight lifestyle with frequent alarm reactions calls for adrenaline requiring a large, overworked adrenal gland. At 30 years old lions look fearful. deeply anxious and worn out reflecting hours of strenuous activity. The crocodile on the other hand is young at 30 years of age. He lies there as motionless as an old log: rarely blinks his eves, lets the birds clean his teeth; has bumps all over his face but has no self image problem and a rarely used adrenal gland! The crocodiles emotional centre has For your not repeatedly whipped his heart to full throttle speed, and nor has adrenaline been raising his blood pressure and prematurely hardening his arteries. In quietness and

feedback please call or email us

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live longer! That's new beginnings!

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