

RESURRECTION LIFE MINISTRIES

Practitioners suggest our face tells a story. The lines on our forehead, the creases at the corners of our eyes and the furrows in our brow are signposts of life lived, and its tension and pressures. Anxiety especially advertisers its presence on our face. Anxious people live one day at a time, but their trouble is that day is always tomorrow. They can never enjoy today because of their worries about tomorrow - so laughter dies, and frowns deepen, and conversation becomes negative. Jesus said let the day's own troubles be sufficient for the day. No human can cope with his today when it is flooded with the regrets of yesterday, and the anxieties about tomorrow. It is well said; cast all your care on Jesus for he cares for you. As the Proverb Gathering states; a cheerful heart is a good medicine, but a downcast spirit dries up the bones. Saturday night Ask Jesus for a new heart, for that's what he died for! Until next week, that's new

at 6:45pm



beginnings! David Rodway